

# When to Refer a Patient for Home Health



1. Newly Diagnosed Medical Conditions or Complex, Debilitating Symptoms which require skilled monitoring and/or health teaching
2. Terminal Illness with needs for Symptomatic Control – if not appropriate for hospice
3. Pressure Ulcers
4. Open wounds, ulcers, or burns
5. Ostomies & Otomies
6. Newly Diagnosed or Poorly Controlled Diabetes
7. Bedbound patient requiring teaching of family to manage dependent patient
8. Frequent Admissions to the Hospital
9. Medications requiring monitoring (anticoagulants, antihypertensives, cardiac meds, analgesics, chemotherapeutic agents, etc)
10. Need for exercise to improve ambulation, mobility, independence, safety, circulation or preparation for prosthesis
11. Patients needing dressing changes, monitoring of wounds following surgery
12. Patients with hydration and nutrition problems
13. Parents requiring instruction for home apnea monitors or bililights/blankets.
14. TPN patient or family needs monitoring and instruction
15. Patients requiring infusion therapy for hydration or medication administration
16. Patients requiring durable medical equipment may need physical therapy to train on the proper use of the equipment

## What Does Medicare Cover?

1. Observation/Evaluation of an unstable cardiac patient
2. Teaching a new diabetic patient how to give insulin, effects of treatment, diet & complications
3. Treatment of wound care & evaluation of healing
4. Teaching a family how to care for bedridden or terminal patient
5. Changing catheters, irrigating catheters, or teaching catheter care
6. Teaching therapeutic exercises to a stroke patient
7. Evaluating the effects of new medication for hypertension or other unstable conditions
8. Teaching energy saving skills to COPD patient
9. Development of a bowel/bladder program for an incontinent patient
10. Monthly B12 injections for pernicious anemia
11. Instructing a patient with a fracture in cast care and use of equipment (cane, walker, etc)
12. Teaching a therapeutic diet
13. Continuing a Rehab Program for an MI Patient
14. Observation/Evaluation of a post surgical condition
15. Teaching and assisting with colostomy care for a new colostomy
16. Evaluating a respiratory condition (ie. Pneumonia).



**Call us at: (818) 986-1234 or (310) 446-7810**

# Diagnoses Appropriate for Home Health

Amputation  
Angina Pectoris  
Arthritis  
Autoimmune Diseases  
Bed Bound Client  
Bleeding  
Bronchitis  
Burns  
Cancer  
Cardiac Arrhythmia  
Cardiac Pacemaker  
Cardio-Pulmonary Rehabilitation  
Cellulitis  
Central Nervous System Disease/Disorder  
Cerebral Palsy  
Cerebral Vascular Accident  
Cirrhosis of the Liver  
Congestive Heart Failure  
Diabetes Mellitus  
Emphysema  
Fracture of Hip, Pelvis, Humerous, Femur, Patella or Spine  
Head Injury  
Herniated Disc  
High Risk Pregnancy  
Hypertension  
Intestinal Obstruction  
Kidney Disorder  
Myocardial Infarction  
Neurological Disease  
Osteomyelitis  
Osteoporosis  
Ostomies  
Paraplegia  
Pernicious Anemia  
Phlebitis  
Post-Surgical Condition  
Pressure Ulcers  
Psychiatric Disorders  
Pulmonary Emboli  
Skin Disorders  
Statis Ulcer  
Surgical Complications  
Terminal Patients  
Total Knee, Hip Replacements  
Transient Ischemic Attack  
Upper Respiratory Infection  
Urinary Tract Infection



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