

# Free Continuing Education 2010 for Nurses, Case Managers, Social Workers and Occupational Therapists

The course and the Continuing Education Unit are provided compliments of Philips Lifeline!



Dr. Patricia Flemming, PT DSc GCS

## Faculty

**Dr. Flemming** is a Physical Therapist at Vanderbilt University Medical Center. Her current out-patient practice focuses on assessment and treatment of individuals with neurological diagnoses, falls risk and imbalance, and vestibular dysfunction. She has held Board Certification in Geriatric Physical Therapy since 1995 and has completed competency based training in vestibular rehabilitation. Past clinical experiences have included practice in skilled nursing facilities, home health care, and acute care settings. She has presented on topics related to neurological and vestibular rehabilitation with emphasis on falls prevention at many national and local conferences. Dr. Flemming holds a Doctorate of Science in Geriatric Physical Therapy. Her doctoral clinical research focused on validation of a screening tool for homebound older adults at risk for falls.

## Fall-Related Brain Injury in Older Adults: Focus on Prevention

Faculty: Patricia Flemming PT DSc GCS,  
Pi Beta Phi Rehabilitation Institute at Vanderbilt Medical Center

## Overview

It is well known that falls and falls-related injuries are a major problem in older adults. For many years a primary focus has been on the prevention and treatment of hip fractures related to falls. In recent years, however, the increasing incidence of traumatic head injuries (TBI) and the subsequent morbidity and mortality secondary to these falls has been noted. With the aging of the population, traumatic head injuries related to falls have been named “the silent epidemic” by the Center for Disease Control.<sup>1</sup>

This presentation will focus on how health care professionals can contribute to addressing this problem through increasing public awareness of the issue, improving their ability to identify and manage individuals with signs and symptoms of TBI, and through use of evidence-based strategies to reduce falls risk in older adults.

## Course Objectives

At the conclusion of this presentation attendees will be able to:

1. Describe the impact of falls-related traumatic head injuries (TBI) on quality of life, morbidity, and mortality.
2. Discuss age-related changes that increase risk for falls/TBI in older adults.
3. Discuss evidence-based interventions in managing older adults following TBI.
4. Identify common falls related risk factors.

1. Focus on Head Injuries – JAM Geriatric Soc. 2006 October; 54 (10), p. 1

**For assistance in using the Philips Lifeline  
Learning Center please call: 1-800-692-4295.**

Contact us 24 hours a day, 5 days a week

**PHILIPS**  
**Lifeline**

## How to register for this course

This course is accessible online on the Philips Lifeline Learning Center website at <http://lifeline.theonlinelearningcenter.com>

Please register on the site and complete the following steps in order to obtain the course:

1. Select Course Catalog.
2. Select Philips Lifeline Course Categories.
3. Select Healthcare Professional from the drop-down.
4. Select Continuing Education Approved Courses.
5. Choose and complete your desired course.

**NOTE: You may have to allow Pop-ups in your web browser to launch the course.**

6. To access the test and obtain your certificate, exit out of the course and follow directions to take the test.

## The course has been approved by the following associations:

Philips Healthcare Learning Center is identified as an **American Occupational Therapy Association (AOTA)** Approved Provider (provider ID # 6171); Valid through 8/1/2012. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Course meets the qualifications for 1 hour of continuing education credit for Marriage, Family and Child Counselors and/or LCSWs as required by the **California Board of Behavioral Sciences**; Approval# PCE 4194; valid through January 31, 2012.<sup>2</sup>

Provider approved by the **California Board of Nursing**, Provider #15050, for 2.0 Contact Hours; valid through March 31, 2012.

This continuing education activity was approved for 1.75 contact hour by the **Commission for Case Manager Certification (CCMC)**. Approval Number 00109734-A205; valid through December 31, 2010.

The Philips Healthcare Learning Center is an approved provider of continuing nursing education by the **Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation**.

Provider Number PP08-3-1112-1204: Nurses will receive 1.75 CE's by participating in this course; valid through July 31, 2010. The assignment of MNA/ANCC does not imply endorsement of specific course content, products, or clinical procedures by MNA/ANCC.

This program is verified by the **National Association of Social Workers** (Approval # 886492219) for 1 (One) Continuing Education Contact Hour; valid through November 30, 2010.<sup>3</sup>

Philips Healthcare Learning Center, provider # 1176, is approved as a provider for continuing education by the **Association of Social Work Boards (ASWB)**, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701, [www.aswb.org](http://www.aswb.org). ASWB approval period through September 19, 2012. Social workers will receive 1 (one) Continuous Education clock hours by participating in this course.

Tennessee Physical Therapy Association (TPTA) approval #3149 for Class 1 Continuing Competency Requirement. Credit earned .175 CEUS (1.75 contact hours) valid through April 19, 2011.

The New Mexico Physical Therapy Association (NMAPTA) has approved The Philips Healthcare Learning Center as a provider of continuing education for licensed physical therapists (PT) and physical therapist assistants (PTA) in the state of New Mexico approval # NM00847 for a total of 1.75 contact hours; valid through June 14, 2011.

2. Approved provider of continuing education for LCSW licensure requirements in California

3. The states of Michigan, North Carolina, Ohio and West Virginia do not accept CE's approved through the National Association of Social Workers. However social workers in Michigan, North Carolina and Ohio can receive accreditation for this program through the Association of Social Work Boards (ASWB). Social workers in West Virginia cannot receive CE credits for this program.

**Note:** This program is not accredited by the American Physical Therapy Association due to their policies.

**Note:** As of 7/31/10 nursing CE's will not be available for nurses licensed in DE, RI, and UT.



**Philips Lifeline**  
111 Lawrence Street  
Framingham, MA 01702-8156  
1-800-451-0525  
[www.lifelinesystems.com](http://www.lifelinesystems.com)

©2010. All rights reserved.

**Philips Lifeline Canada**  
95 Barber Greene Road, Suite 105  
Toronto, Ontario, Canada M3C 3E9  
Telephone: 800-387-8120  
[www.lifeline.ca](http://www.lifeline.ca)

**PHILIPS**  
**Lifeline**