



The Accredited Family  
of Home Care Services

# Your comprehensive at-home MANAGEMENT PLAN

## LIVING WITH *OSTEOPOROSIS*

By closely following your physician's plan of care, you can effectively manage your condition... and *The Accredited Family of Home Care Services* is here to help. Our nurses, therapists, equipment specialists and nurse's aides will contribute to your recovery every step of the way, working closely with your doctors and your family.

### *ACCREDITED HOME HEALTH SERVICES: Visiting skilled nurses & therapists*

**Licensed nurses** will instruct family members on the management of Osteoporosis. They will also monitor medications and provide a medication regimen.

**Medical Social Workers** will help the family access community resources and will assist the family with any counseling needs.

**Physical or occupational therapists** can conduct a home safety inspection and recommend adaptive medical equipment to assist with Activities of Daily Living. They can also design an in-home exercise program to build strength and conserve energy.

### *ACCREDITED NURSING CARE: One-on-one in-home attendant care*

In addition to providing ongoing support with Activities of Daily Living (ambulation, bathing, continence, dressing, meal preparation, transferring and toileting), Accredited's caregivers can provide one-on-one assistance with:

- Gait supervision and assistance to prevent falls
- Weight-bearing exercises to increase bone mineral density

### *ACCREDITED MEDICAL EQUIPMENT & SUPPLY: Door-to-door delivery*

**Our full-service medical equipment division delivers the following and more:**

- Hospital Bed and Trapeze Attachment
- Wheelchair and Cushion
- Walker
- Lift Chair
- Daily Living Aids for assistance with dressing, grooming, bathing and eating
- Commode or Raised Toilet Seat
- Scooter
- Shower Chair
- Skin care products



*We're here to Help!*

*Make us your family's one resource  
for all its home healthcare needs!*

CALL US TOLL-FREE: (800) 974-1234

OSTEOPOROSIS